


THE COMPLETE DANCER


Unlock Your Genius

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MENTORSHIP PROGRAMME



TALENT ALONE CAN'T GUARANTEE YOU A SUCCESSFUL DANCE CAREER...



YOU ALSO NEED TO...

1. Optimize your Body
2. Master your Mind
3. Create a Personal Brand
4. Craft your Unique Offer
5. Master the 4 P's
6. Do Business like a Boss
7. Be Versatile
8. Set Goals & Strategize
9. Be Accountable
10. GET A MENTOR



MENTORSHIPS INCLUDE:

- Weekly Versatility Dance Class
- Weekly Target Training Lesson
- Weekly 1 on 1 Consultations
- Workbooks
- Resources
- Mindset Coaching
- Assignments, action plan and challenges

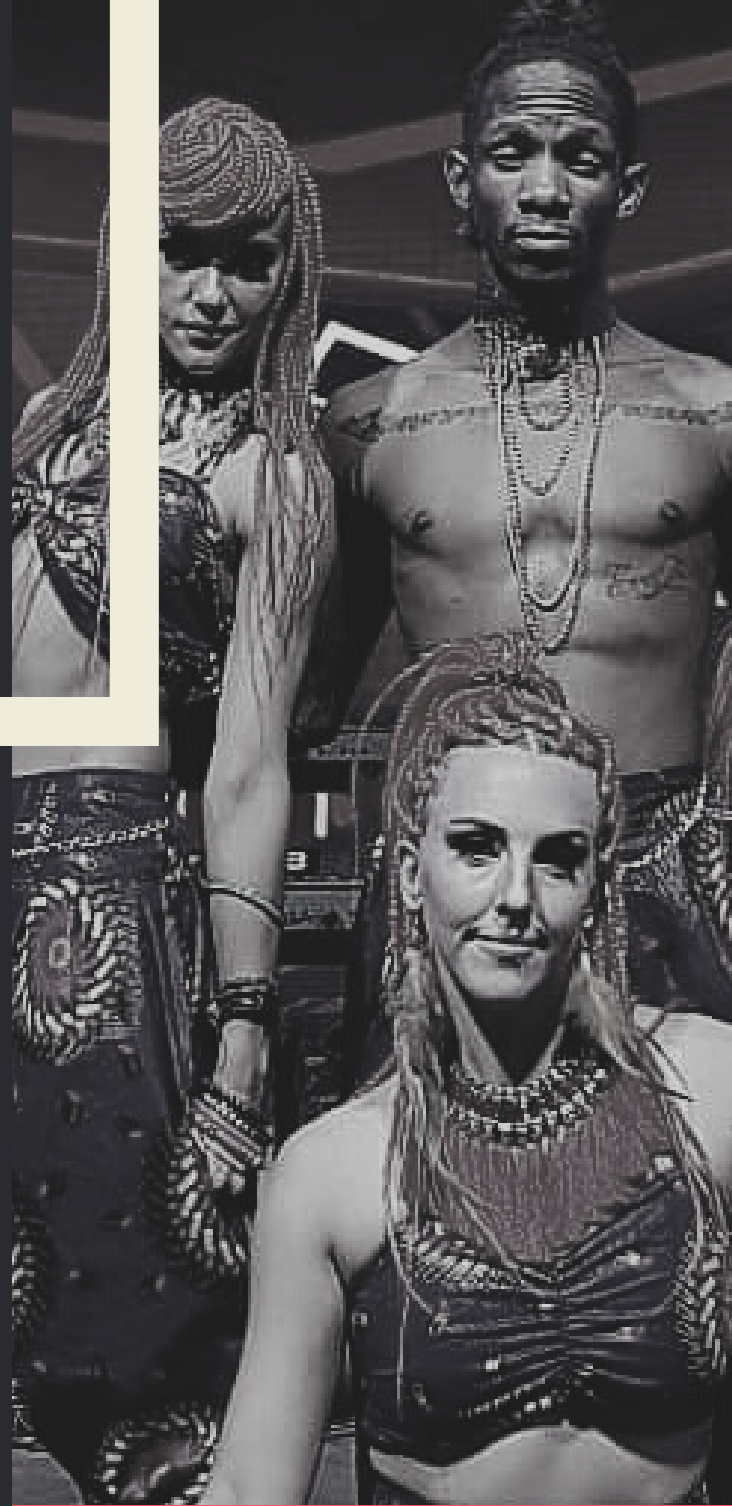
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Mentorships are tailored to your exact targets and goals utilising Michelle's unparalleled knowledge and experience in the industry both competitively and professionally

TARGET AREAS:

Targets include but are not limited to:

- Optimising your body's form
- Enhancing the body's function internally and externally
- Improving flexibility safely
- Fueling your body with proper nutrition to get results
- Overcome limiting Mindsets
- Cultivate powerful Mind-Body connections
- Strategize your competitive or professional career
- Craft your own movement style
- Unlock Creativity
- Choreography breakdown
- How to increase your performance skills
- Freeing your freestyle/ improv
- Structuring dance classes
- Dance Career Avenues & opportunities in the market
- Personal Branding
- Create and scale your unique offer
- Business Skills required for the Entertainment industry
- How to be Bookable
- Leveraging Social Media



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Dancing with the Stars
The Voice
Honey 3 Movie
Starlight Classics
Kyknet
DSTV
Mi Casa
Lady Zamar
Shekinah
Sho Madjozi
Corlea
Jo Black
Jimmy Nevis
Cell C
Standard Bank
Lions Cheerleaders

MICHELLE OPPENSHAW

**CHOREOGRAPHER,
CREATIVE DIRECTOR
NATIONAL CHAMPION
TV PERSONALITY
INTERNATIONAL JUDGE
SOCIAL MEDIA STRATEGIST
MINDSET COACH**

Michelle best known as a creative director and choreographer in the entertainment industry, a professional dancer from Dancing with the Stars and the Boss Babe of 3 successful companies.

Michelle's extensive dance journey in the spotlight has all the makings of a hit dance feature film:

Defying the odds, career ending injuries, life changing risks, travels, and of course a healthy dose of "dream come trues".

Recently referred to as the "IT-girl" of choreography, Michelle is currently the only choreographer and dancer in South Africa to have the myriad of achievements and unique combination of world class experience that she does. She has achieved this in not one but in a multitude of dance genres.

What makes her a true powerhouse in dance is her unusual repertoire which includes Hip Hop, Latin American, Showdance, Disco, Rock 'n Roll, Hustle, Freestyle, Contemporary, Ballroom as well as various local and international Street Dance styles.

She has conquered every avenue of dance she has explored both nationally and internationally from choreography or creative directing for commercials, music videos, productions and live shows to teaching, judging and competing.

Michelle knows what it takes to create excellence and is adamant that everyone has a genius waiting to be unlocked.



***LIMITED
LAUNCH
DISCOUNT
OFFER***

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65% OFF

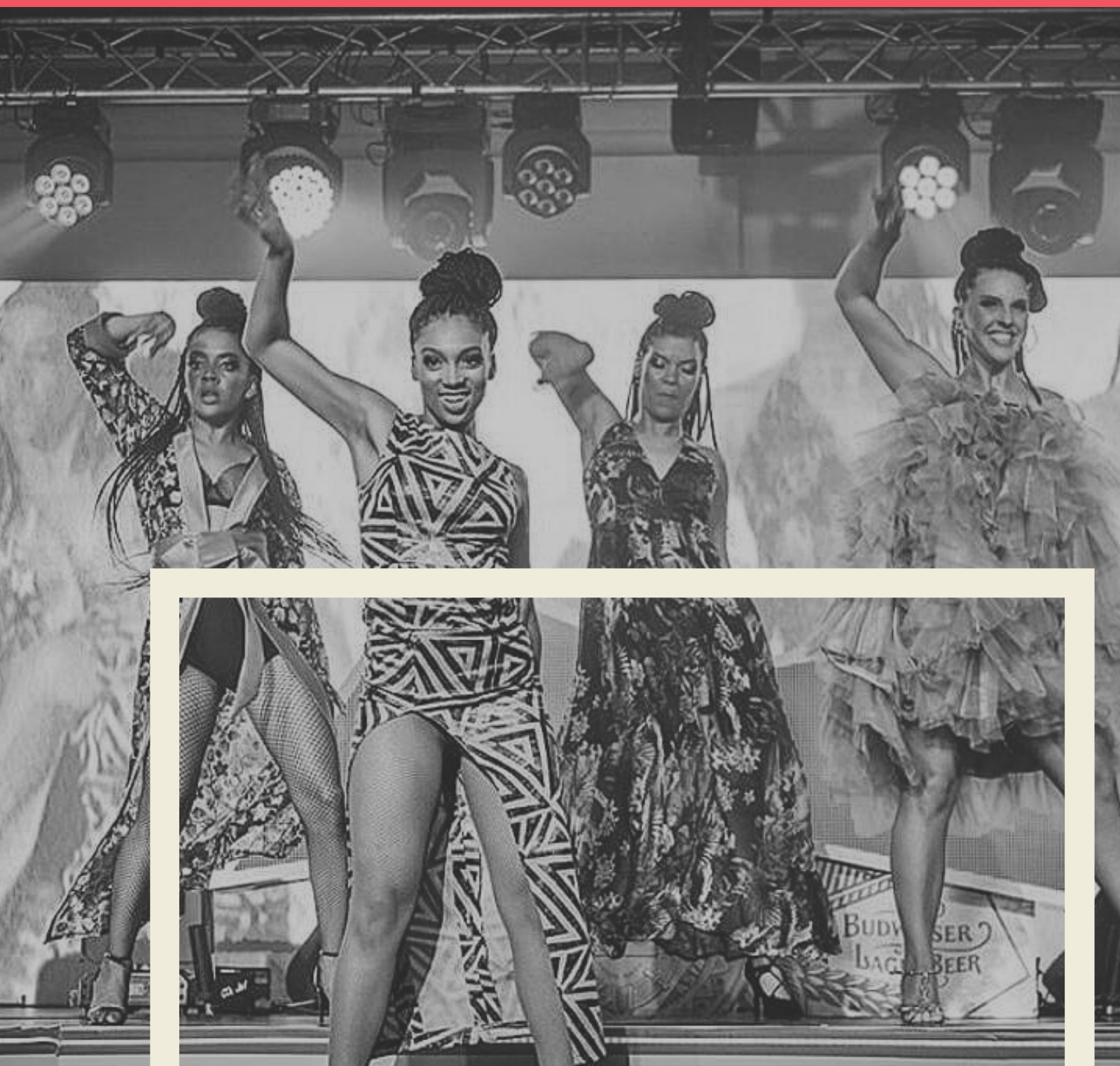
- Weekly Versatility Dance Class (R800/m)
- Weekly Target Training Lesson (R2400/m)
- Weekly 1 on 1 Consultations (R2400/m)
- Workbooks (R1000/m)
- Resources (R350/m)
- Mindset Coaching (R200/m)
- Assignments, action plan and challenges (R400/m)

Total: R7550/Month
R1887,50/week

**DISCOUNT SPECIAL:
R660 / WEEK**

Valid only for February Mentorships only

**Click HERE
TO APPLY for the
Complete Dancer
Mentorship**



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